

The logo for EVOLT, featuring a stylized 'E' with a horizontal line through it, followed by the letters 'VOLT' in a bold, italicized sans-serif font.

***EVOLT***

A horizontal teal banner with a slight 3D effect, containing the text 'YOUR MEMBERS MARKETING KIT' in white, bold, italicized sans-serif font.

***YOUR MEMBERS MARKETING KIT***

# POS FLYER



## EVOLT

### WHAT IS EVOLT 360?

The Evolt 360 Body Composition Analyzer provides you with a comprehensive report detailing what your body is composed of. This quick and non-invasive measurement requires you to stand on the device after removing shoes, socks, smart watches, and emptying your pockets. Simply grab the handles and stay still for 60 seconds.

### WHY USE EVOLT 360?

-  **TRACK PROGRESS:**  
We recommend scanning every 4 weeks to monitor your progress accurately.
-  **STAY INFORMED:**  
Understand your muscle mass, fat mass, visceral fat, biological age, and recommended macros based on your goals.
-  **HEALTH INSIGHTS:**  
Gain insights into how your body is responding to your training and nutrition efforts.

### PRE-SCAN TIPS FOR ACCURACY:

To ensure the most precise results, please follow these guidelines:

- Scan at the same time of the day.
- Avoid scanning after exercise.
- Maintain consistent nutrition 24 hours before your scan.
- Stay well hydrated: Drink 2-3 liters of water in the 24 hours before, and at least 600ml just before.
- Avoid alcohol 24-48 hours before your scan.
- Avoid caffeine and diuretics (like pre-workouts) before your scan.
- Females should consider their menstrual cycle for consistent readings.
- Fast for 3-4 hours before the scan to avoid food being interpreted as fat mass.

### GETTING STARTED:

Visit our club to experience Evolt 360 firsthand. Our trained staff will guide you through the process and answer any questions you may have.

### STAY AHEAD WITH EVOLT 360:

Make informed decisions about your health and fitness journey. Evolt 360 empowers you with data-driven insights to optimize your results.

Turning Information into Inspiration

evolt360.com | #evolt360 | @evolt360

# PULL UP BANNER



## BODY SCAN ZONE

IN 60 SECONDS YOU CAN FIND OUT


- SKELETAL MUSCLE MASS
- BODY FAT PERCENTAGE
- VISCERAL FAT
- CUSTOMISED SUPPLEMENT RECOMMENDATIONS
- LEAN MUSCLE MASS
- TOTAL BODY WATER
- TAILORED MACRONUTRIENT PROFILE
- BIO AGE, PLUS MORE \*\*

DOWNLOAD THE **EVOLT ACTIVE** APP  
TO GET STARTED





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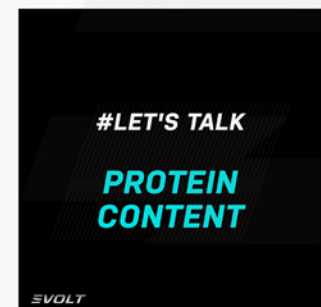
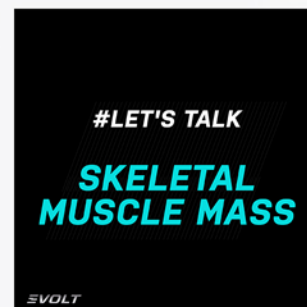
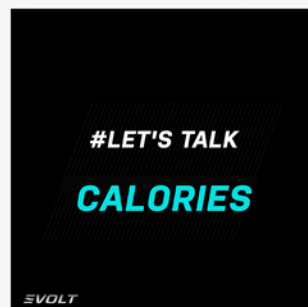
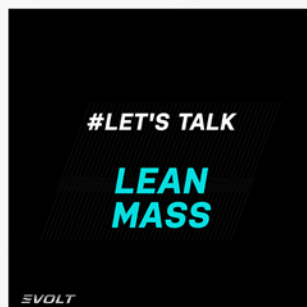
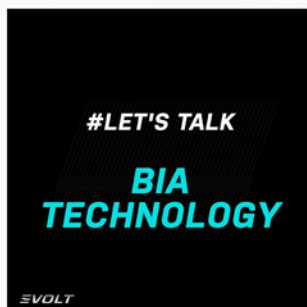
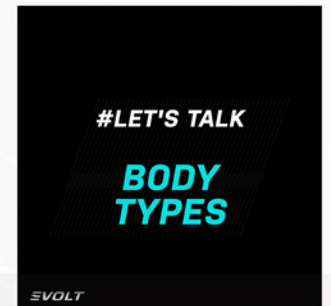
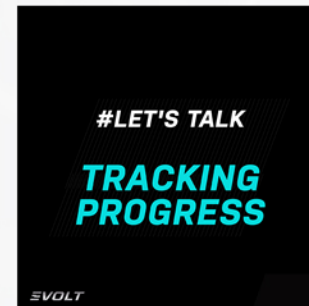
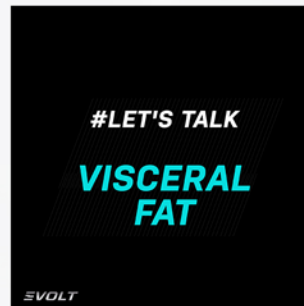
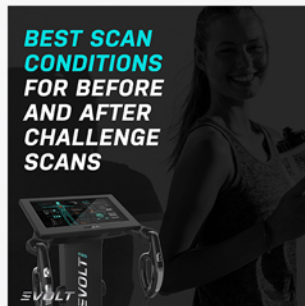
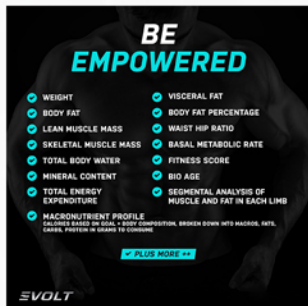
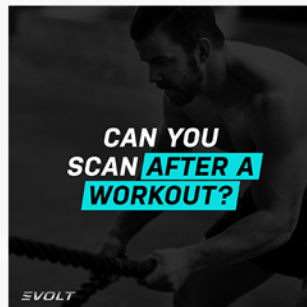
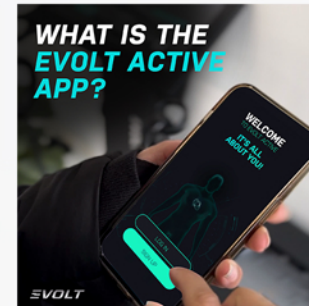
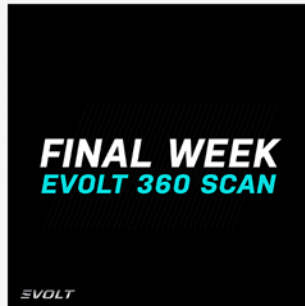
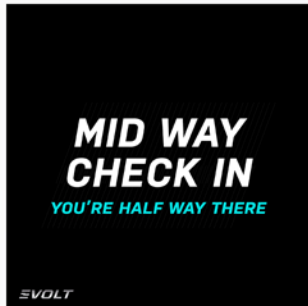
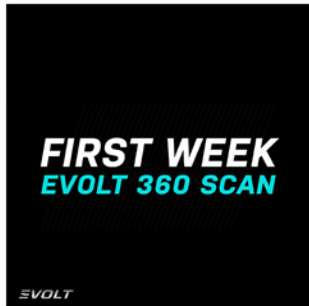
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TO GET STARTED





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# SOCIAL TILES





# ADVERTISING SCREENS

**TURNING INFORMATION INTO INSPIRATION**

UNDERSTANDING THAT HEALTHY IS NOT JUST A NUMBER

In 60 seconds, the evolt 360 gives the user a unique experience and a full report of their body composition. This report includes the following:


- ⦿ SKELETAL MUSCLE MASS
- ⦿ BODY FAT PERCENTAGE
- ⦿ VISCERAL FAT
- ⦿ BIO AGE
- ⦿ LEAN MUSCLE MASS
- ⦿ TOTAL BODY WATER
- ⦿ TAILORED MACRONUTRIENT PROFILE
- ⦿ CUSTOMISED SUPPLEMENT RECOMMENDATIONS

**PLUS MORE ++**

1. Download & sign up to the Evolt Active App
2. Complete your Evolt 360 scan in under 60 seconds
3. Complete your Macronutrient Profile questionnaire
4. Track and measure your progress

**EVOLT**

**EVOLTACTION**



**EVOLT**

**FIND OUT HOW MUCH MUSCLE & FAT YOU REALLY HAVE**

DISCOVER YOUR BODY WITH AN EVOLT 360 SCAN

**GET YOUR HEALTH ASSESSMENT TODAY**

**EVOLTACTION**

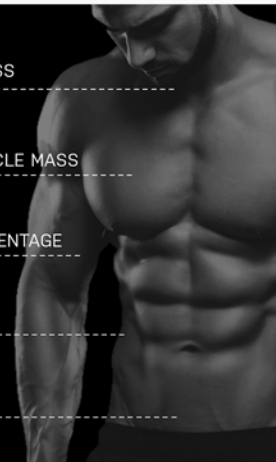
LEAN BODY MASS  
84.8KG

SKELETAL MUSCLE MASS  
54.7KG

BODY FAT PERCENTAGE  
9.5%

VISCERAL FAT  
LEVEL 1

BIO AGE  
26



**EVOLT**

**IT'S ARRIVED!**

**EVOLT 360**  
**BODY COMPOSITION SCANNER**  
**NOW AVAILABLE IN CLUB!**



**EVOLT**

**THE EVOLT 360**  
**A BODY COMPOSITION SCAN**  
**LIKE NO OTHER**

**EVOLTACTION**



# SCAN ZONE

## EVOLT BODY METRICS ZONE!



### 3 EASY STEPS

- 1 Download the Evolt Active App
- 2 Scan your body
- 3 Get your macronutrient and supplement profile on the Evolt Active App



### TURNING INFORMATION INTO INSPIRATION

- Understanding your body
- Track your progress
- Fast and non-invasive

WEIGHT	LEAN MUSCLE MASS	SKELETAL MUSCLE MASS
MINERAL CONTENT	TOTAL BODY WATER	BODY FAT
VISCERAL FAT	BODY FAT PERCENTAGE	WAIST HIP RATIO
BASAL METABOLIC RATE	TOTAL ENERGY EXPENDITURE	
BIO AGE	FITNESS SCORE	
SEGMENTAL ANALYSIS OF MUSCLE AND FAT IN EACH LIMB		
MACRONUTRIENT PROFILE		
PLUS MORE **		

***JOIN THE REVOLUTION***

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[www.evolt360.com](http://www.evolt360.com)