

EVOLT

BODY METRICS ZONE!



3 EASY STEPS

- 1 Download the Evolt Active App
- 2 Scan your body
- 3 Get your macronutrient and supplement profile on the Evolt Active App



TURNING INFORMATION INTO INSPIRATION

- Understanding your body
- Track your progress
- Fast and non-invasive

WEIGHT	LEAN MUSCLE MASS	SKELETAL MUSCLE MASS
MINERAL CONTENT	TOTAL BODY WATER	BODY FAT
VISCERAL FAT	BODY FAT PERCENTAGE	WAIST HIP RATIO
BASAL METABOLIC RATE	TOTAL ENERGY EXPENDITURE	
BIO AGE	FITNESS SCORE	
SEGMENTAL ANALYSIS OF MUSCLE AND FAT IN EACH LIMB		
MACRONUTRIENT PROFILE <small>ESTIMATES BASED ON DATA FROM CONNECTED FITNESS APPS WITH ANALYSIS OF CARBS, PROTEIN AND FAT TO CONSUME</small>		
PLUS MORE ++		